

Government of India Ministry of Earth Sciences India Meteorological Department

Press Release Date: 18th January, 2022

Time of Issue: 1300 hrs IST

Subject: Wet spell over Northwest and adjoining central India from 21st January, 2022.

Weather Observed during past 24 hours ending at 0830 hrs IST of today:

- Rainfall (in cm): Tamilnadu: Tiruvallur: Ennore AWS-5, Nagapattinam: Tirupoondi-4, Chennai: MGR Nagar-3.
- Minimum temperatures are normal over most parts of Western Himalayan Region, Punjab, Haryana, Chandigarh, Delhi and Rajasthan and below normal over Uttar Pradesh.
- **Dense to Very Dense fog** prevailed in many parts of East Uttar Pradesh and in some parts of north Madhya Pradesh, Sub-Himalayan West Bengal; **Moderate to Dense** fog in many parts of West Uttar Pradesh and in isolated pockets of East Rajasthan, Bihar and Odisha.
- **Cold Day to Severe Cold Day conditions** prevailed in many parts of Uttar Pradesh and in some parts over Madhya Pradesh, Rajasthan, Haryana, Chandigarh & Delhi and **Cold Day conditions** in some parts of Punjab and isolated pockets over Bihar.

Synoptic Situations:

• A fresh active Western Disturbance is likely to affect Northwest India from 21st January onwards. An induced cyclonic circulation is very likely to form over southwest Rajasthan on 22nd January, 2022.

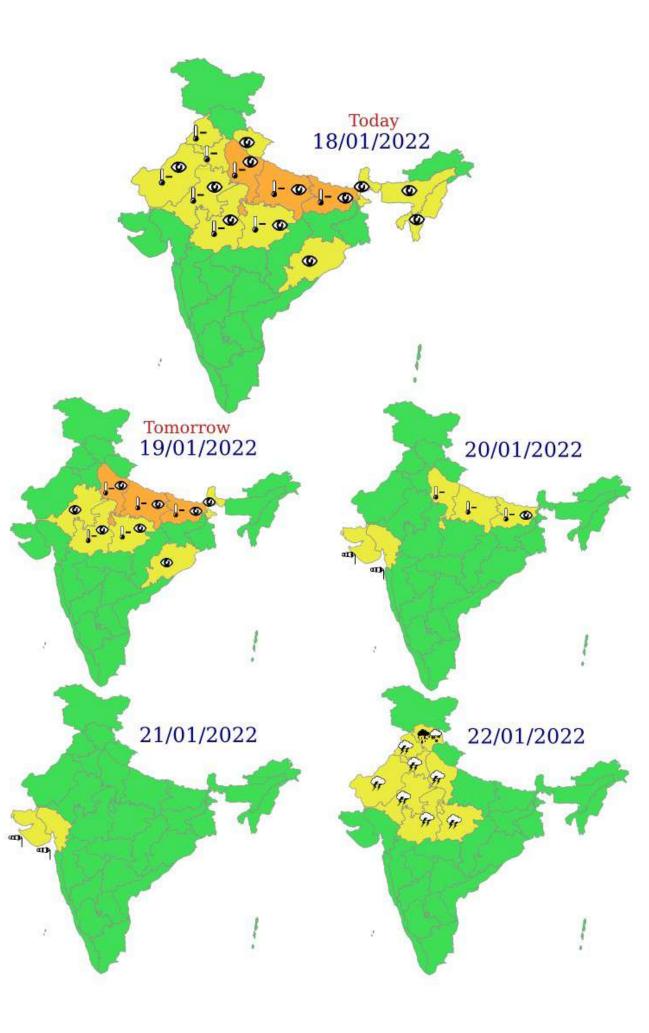
Forecast & Warnings:

- ✓ Scattered to widespread light/moderate rainfall/snowfall very likely over Western Himalayan Region during 21st to 23rd January. Isolated **heavy rainfall/snowfall** very likely over Himachal Pradesh on 22nd January.
- ✓ Scattered to widespread light/moderate rainfall very likely over Punjab, Haryana, Chandigarh, Delhi, Uttar Pradesh, north Rajasthan and Isolated to scattered rainfall over Madhya Pradesh during 21st to 23rd January with maximum intensity on 22nd January. Isolated thunderstorm with lightning very likely over the region on 22nd January, 2022.
- ✓ Scattered to fairly widespread light/moderate rainfall over Arunachal Pradesh, Assam & Meghalaya and Nagaland, Manipur, Mizoram & Tripura during 20th-22nd January.

Fog, Cold Day and Cold wave:

- ✓ Minimum temperatures are likely to rise by 2-4° C over Northwest India during next 3-4 days.
- ✓ **Dense to Very Dense Fog** in night/morning hours very likely in isolated pockets over Rajasthan, Uttar Pradesh, north Madhya Pradesh, Bihar, Odisha and Sub-Himalayan West Bengal during next 2 days.
- ✓ **Cold Day to Severe Cold Day Conditions** in some parts very likely over Uttar Pradesh and Bihar during next 3 days; **Cold Day Conditions** in some parts over north Madhya Pradesh during next 2 days and over Punjab, Haryana, Chandigarh & Delhi, north Rajasthan during next 24 hours and abate thereafter.

For more details refer: https://mausam.imd.gov.in/imd_latest/contents/subdivisionwise-warning.php



✓ Impact expected and action suggested due to <u>Dense/Very Dense fog</u> in the night/morning hours very likely over Bihar, Uttar Pradesh and northern parts of Madhya Pradesh during next 2 days.

Impact expected:

> Transport and Aviation:

- May affect some airports, highways and railway routes in the areas of met-subdivision.
- Difficult driving conditions with slower journey times.
- Some road traffic collisions

Power Sector:

• Chances of Tripping of Power lines in the very dense fog routes

Human Health:

- Lung related health impacts: Dense fog contains particulate matter and other
 pollutants and in case exposed it gets lodged in the lungs, clogging them and
 decreasing their functional capacity which increases episodes of wheezing,
 coughing and shortness of breath
- Impact on people having asthma bronchitis: Long time exposure to dense fog may cause respiratory problem for people having asthma bronchitis and other lung related health problems.
- Causes Eye Irritation: Dense fog contains pollutions of various types and these Pollutants in the air if exposed may tend to irritate the membranes of the eye causing various infections leading to redness or swelling of the eye.

Action suggested:

> Transport and Aviation:

- Careful while driving or outing through any transport.
- Use fog lights during driving.
- Be in touch with airlines and Railway and State transport for schedule of your journey.

Power Sector:

- To keep ready Maintenance Team
- **Human Health:** To avoid outing until unless emergency and to cover the face.

✓ Impact expected and action suggested due to Cold Day/Severe Cold Day conditions in Uttar Pradesh and Bihar during next 3 days; over north Madhya Pradesh during next 2 days and over Punjab, Haryana, Chandigarh & Delhi, north Rajasthan during next 24 hours and abate thereafter.

Impact expected:

- An increased likelihood of various illnesses like flu, running/ stuffy nose or nosebleed, which usually set in or get aggravated due to prolonged exposure to cold.
- Do not ignore shivering. It is the first sign that the body is losing heat. Get Indoors.
- Frostbite can occur due to prolonged exposure to cold. The skin turns pale, hard and numb and eventually black blisters appear on exposed body parts such as fingers, toes, nose and or earlobes. Severe frostbite needs immediate medical attention and treatment.
- Impact on agriculture, crop, livestock, water supply, transport and power sector at some places.

Action suggested:

- Wear several layers of loose fitting, light weight; warm woolen clothing.
- Cover your head, neck, hands and toes adequately as majority of heat loss occurs through these body parts. Wear several layers of loose fitting, light weight; warm woolen clothing rather than one layer of heavy cloth.
- Eat vitamin-C rich fruits & vegetable and drink sufficient fluids preferably warm fluids to maintain adequate immunity.
- Avoid or limit outdoor activities.
- Keep dry, if wet, change cloths immediately to prevent loss of body heat. Wear insulated/waterproof shoes.
- Warm the affected area of the body slowly with lukewarm water; do not rub the skin vigorously.
- If the affected skin area turns black, immediately consult a doctor.
- Maintain ventilation while using Heaters to avoid inhaling toxic fumes.
- Take safety measures while using electrical and gas heating devices.
- Extreme care needed for vulnerable people.
- Seek medical attention as soon as possible for someone suffering from frostbite/ Hypothermia.
- Protect livestock from cold weather. (For details kindly refer NDMA guidelines: https://ndma.gov.in/Resources/awareness/Cold_Wave)

Legends:

Heavy Rain: 64.5 to 115.5 mm; **Very Heavy Rain:** 115.6 to 204.4 mm; **Extremely Heavy Rain:** >204.4 mm.

Region wise classification of meteorological Sub-Divisions:

- 1) **Northwest India:** Jammu, Kashmir, Ladakh, Gilgit, Baltistan & Muzaffarabad; Himachal Pradesh, Uttarakhand, Punjab, Haryana, Chandigarh & Delhi; West Uttar Pradesh, East Uttar Pradesh, West Rajasthan and East Rajasthan.
- 2) **Central India:** West Madhya Pradesh, East Madhya Pradesh, Vidarbha and Chhattisgarh.
- 3) **East India:** Bihar, Jharkhand, Sub-Himalayan West Bengal & Sikkim; Gangetic West Bengal, Odisha and Andaman & Nicobar Islands.
- 4) **Northeast India:** Arunachal Pradesh, Assam & Meghalaya and Nagaland, Manipur, Mizoram & Tripura.
- 5) **West India:** Gujarat Region, Saurashtra & Kutch, Konkan & Goa, Madhya Maharashtra and Marathwada.
- 6) **South India:** Coastal Andhra Pradesh & Yanam, Telangana, Rayalaseema, Coastal Karnataka, North Interior Karnataka, South Interior Karnataka, Kerala & Mahe, Tamil Nadu, Puducherry & Karaikal and Lakshadweep.

